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**OUTSPOKEN**  
Sex Ed

Getting  
parents  
talking

## Relationships, sex & health education (RSHE) THE PARENT CONSULTATION JOURNEY

RSHE  
policy  
or audit

Survey  
Parents & students

Parent  
**workshop** as  
consultation

Working group  
Parents, students  
& staff

Policy  
publication

### TALKING OPENLY AT HOME An Outspoken Sex Ed workshop for parents to...

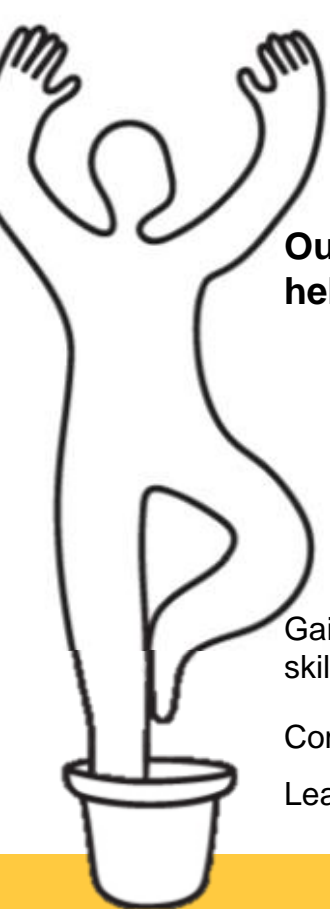
1. Discover why relationships, sex & health education (RSHE) is necessary
2. Learn how to approach difficult sex & relationships topics with their children
3. Explore their own attitudes & values and acquire topical, relevant knowledge
4. Build their skills & confidence by practising talking openly in a safe space

We are **MATCH FUNDING** £30pp workshops in 2020

- £5 Contribution per parent (flexible)
- £10 School contribution per parent (capped)
- £15 Outspoken contribution per parent

**This workshop could take place at...**

- Parents' evenings
- PTA events
- Summer fairs
- Information events
- Other presentations or consultations



## Outspoken workshops help **parents...**

Understand the benefits of RSHE & of engaging in their children's RSHE

Air views on the curriculum in a safe space

Gain knowledge, confidence & skills and test-drive open language

Compare notes with other parents

Learn via activities, quizzes & more

## Outspoken workshops help **schools...**



Strengthen school-home partnership & improve levels of trust with parents



Include RSHE in a whole-school approach



Meet Ofsted leadership & management criteria for parental engagement



Support children's right to high-quality RSHE learning



Fulfil parent-consultation requirements in Department for Education guidance

*"The talk **changed my attitude** – I was probably quite unnecessarily scared about it all"*

*"It **triggered a good discussion** at home when I debriefed my son"*

*"Incredibly helpful. I feel **much better equipped** to deal with what I thought would be awkward conversations"*